

## A New Nonparametric Regression for Longitudinal Data

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### Abstract

**Background and purpose:** In many area of medical research, a relation analysis between one response variable and some explanatory variables is desirable. Regression is the most common tool in this situation. If we have some assumptions for such normality for response variable, we could use it. In this paper we propose a nonparametric regression that does not have normality assumption for response variable and we focus on longitudinal data.

**Materials and Methods:** Consider nonparametric estimation in a varying coefficient model with repeated measurements  $(Y_{ij}, X_{ij}, t_{ij})$ , for  $i=1, \dots, n$  and  $j=1, \dots, n_i$  where  $X_{ij}=(X_{ij0}, \dots, X_{ijk})^T$  and  $(Y_{ij}, X_{ij}, t_{ij})$  denote the  $j$ th outcome, covariate and time design points, respectively, of the  $i$ th subject. The model considered here is  $Y_{ij} = Y_{ij}^T \beta(t_{ij}) + \varepsilon_i(t_{ij})$ , where  $\beta(t) = (\beta_0(t), \dots, \beta_k(t))^T$ , for  $k \geq 0$ , are smooth nonparametric functions of interest and  $\varepsilon_i(t)$  is a zero-mean stochastic process. The measurements are assumed to be independent for different subjects but can be correlated at different time points within each subject. For evaluating this model, we use data of a cohort of 289 healthy infants born in Shiraz in 2007. The proposed nonparametric regression was fitted to them for obtaining effect rates of mother weight, mother arm circumference and maternal age at delivery time and maternal age at first menarche on boy's arm circumference.

**Results:** proposed nonparametric regression showed the varied effect of each independent variable over the time but other models achieved constant effect over the time that is in controversy with the inherent property of these natural phenomena.

**Conclusion:** This study shows that this model and the spline nonparametric estimator could be useful in different areas of medical and health studies.

[Tabesh H. \*Saki A. Mardaniyan S. A New Nonparametric Regression for Longitudinal Data. *IJHS* 2013;1(3):58-70] <http://jhs.mazums.ac.ir>

**Key words:** Cohort Studies, Longitudinal Data, Nonparametric Regression, Spline Smoothing.

## 1. Introduction

With the increasing and developing of long-term cohort studies and clinical trial in the last three decades, importance of assessing the existing relationship that may be time-dependent will be appeared(1). For example, determination of short-term and long-term effects of zidovudine on CD4 cells (Repeated examination has been used in control and treatment groups in people who suffer from HIV) required to making statistical cost-benefit decision which whether the study should be continued or stopped(2). As another example, Modeling of the time effects to quantitative variables in children's anthropometric dimensions measurements could lead to a class of information about the effects of some factors on growth of children , also it could determine the effects of clinical interventions(3-4).So we can expect further progresses in the field of medical and biological studies to be done in line with cohort dataset. Although there are some statistical tools for analysis of these data but each of them have a limitations(5-6). For example, generalized additive semi-parametric models can be fitted to correlated data of cohorts with using existing software. Although such models can obtained consistent estimates for  $\alpha_0(t)$  and  $\beta_0(t)$

$$\text{when } E[Y_i(t) | X_i(t)] = \alpha_0(t) + \beta_0(t) X_i(t) \quad (7).$$

But deselect of correct model for  $\alpha_0(t)$  and  $\beta_0(t)$  may lead to bias(2). Therefore, it seems to be required a nonparametric method for modeling  $\alpha_0(t)$  and  $\beta_0(t)$ . Regarding to importance of longitudinal studies and the ability of nonparametric methods for analysis of such data, analysis of longitudinal data seems interesting by using nonparametric regression models (8-10). In many longitudinal studies, repeated measurements are done for response variable at different and irregular time points. Suppose in a longitudinal study  $y(t)$  is the actual amount of the desired outcome and  $x(t)$  is a covariate vector  $R^{k+1}$ -observed value at time  $t$  ( $k \geq 0$ ). Also consider we have  $n$  subjects, for  $i^{\text{th}}$  person  $n_i \geq 1$  carried out the repeated measures over time from  $(Y(t), X(t), t)$ . The  $j^{\text{th}}$  observation from  $(Y(t), X(t), t)$  for  $i^{\text{th}}$  subject is specified by  $(Y_{ij}, X_{ij}, t_{ij})$  for  $i = 1, \dots, n$  and  $j = 1, \dots, n_i$  where  $X_{ij} \in R^{k+1}$  is determined by the  $X_{ij} = (X_{ij1}, \dots, X_{ijk})^T$  column vector. In the classical linear models framework, methods and theory of regression have been used for repeated observations in several studies(7). Methods such as weighted least squares , maximum likelihood ratio , limited maximum likelihood ratio or generalized linear models which used the quasi-likelihood method ,they are all examples of parametric methods that may be encountered the following problems when we used them:

1. Inaccuracy or inadequacy of model assumptions,
2. Inherent mistakes in the choice of models for data analysis. Due to these two reasons, using non-parametric methods are discussed(11).

Since easily understanding of regression methods many researchers are wishing to analyze their data by using regression methods, but the fundamental assumption in the regression methods is normality distribution of response variable. If the variable is not normal or does not hold the other assumptions of parametric regression model, with slight loss of efficiency and accuracy, nonparametric method could be used in order to obtain a model such as  $Y_{ij} = X_{ij}\beta(t_{ij}) + \varepsilon_i(t_{ij})$ . However, most researchers that have been done so far, have considered constant coefficients for predictor variables that makes a distance between fitted values and actual values of response variable. But where the coefficients were considered as functions of time, stochastic processes were used, which were required very long computational steps(12,13). In the present study, we try to find a solution to get the time varying coefficients in regression model which requires no complex calculation and its interpretation is easily possible.

## 2. Materials and Methods

In section 2-1 exposing with real longitudinal data showed and later after introducing proposed nonparametric regression, the application of this new method to the real data of section 2-1 is given.

### 2.1. Sampling and Participants

A cohort of 287 neonates (139 girls and 148 boys) were selected randomly among those born during July 10,2007 to September 10,2007 in Shiraz and visited by healthcare centers' nurses during their first month of life. The healthcare were selected using cluster sampling scheme, with each healthcare center considered a cluster and the proportion of participants from each cluster being proportional to size of that healthcare center. The selected subjects were healthy singleton neonates without any medical complications whose mother residence of Shiraz. They were visited at healthcare centers at target ages 2,4,6 months and their arm circumference were measured in millimeters by nurses. A questionnaire completed at the time of recruitments to the study by the nurses in healthcare centers, included maternal and neonatal demographics and background data ( infant's gender, birth weight, mother's weight, mother's age at delivery time and mother's age at first menarche) also mother's arm circumference were measured in millimeters(14-15).

### 2.2. Statistical Modeling

For modeling the boys' arm circumference by mother's weight, mother's arm circumference, maternal age at delivery time and maternal age at menarche parametric or non-parametric regression methods can be used. In this study, a new method based on nonparametric proposed. In order to evaluate new method, results of the new model on the above data with output of the linear regression (parametric) and locally weighted regression (parametric) were compared.

#### 2.2.1. Proposed nonparametric regression

Consider multiple regressions model in matrix by  $Y = X\beta + \varepsilon$  that  $X$  can be a matrix of  $k$  vectors. Whereas  $k$  independent random variables are predictor variables and  $i$  observation for each of them then the matrix  $X$  as follows.

$$X = \begin{bmatrix} X_{11} & X_{12} & \dots & X_{1k} \\ X_{21} & X_{22} & \dots & X_{2k} \\ \dots & \dots & \dots & \dots \\ X_{i1} & X_{i2} & \dots & X_{ik} \end{bmatrix}$$

Since

$$Y = X\beta + \varepsilon \quad \text{so}$$

$$Y - \varepsilon = X\beta, \text{ as } \hat{Y} = Y - \varepsilon \quad \text{thus} \quad \hat{Y} = X\beta \quad (1)$$

Equation (1) is a matrix form e.g.  $\hat{Y}$ ,  $X$  and  $\beta$  are matrices. Whereas relationship between a dependent variable and  $k$  independent variables are desired and  $i$  cases are contributed then aforementioned matrices shall be as follows:

$$\hat{Y} = \begin{bmatrix} \hat{Y}_1 \\ \vdots \\ \hat{Y}_i \end{bmatrix}_{i \times 1} \quad X = \begin{bmatrix} X_{11} & X_{12} & \dots & X_{1k} \\ X_{21} & X_{22} & \dots & X_{2k} \\ \dots & \dots & \dots & \dots \\ X_{i1} & X_{i2} & \dots & X_{ik} \end{bmatrix}_{i \times k} \quad \hat{\beta} = \begin{bmatrix} \hat{\beta}_1 \\ \hat{\beta}_2 \\ \vdots \\ \hat{\beta}_k \end{bmatrix}_{k \times 1} \quad (2)$$

We can multiply both sides of equation (1) by  $X^T$  from right-hand sides then we will have

$$X^T \hat{Y} = X^T X \beta \quad \Rightarrow \quad X^T \hat{Y} = (X^T X) \beta \quad (3)$$

It is clear that  $X^T X$  is a square matrix. If this matrix can be inverted, that is certainly true according to the enormous volume of information in growth data, and then we can multiply both sides of equation (3) in the inverse matrix  $(X^T X)$

thus:  $(X^T X)^{-1} X^T \hat{Y} = (X^T X)^{-1} (X^T X) \beta$   $(X^T X)$  is invertible matrix so will give the identical matrix e.g.  $(X^T X)^{-1} X^T \hat{Y} = I \beta$

Simply it can be shown that  $(X^T X)^{-1} X^T \hat{Y} = \beta$ , Where  $\beta$  is the desired coefficient matrix. By obtaining the coefficient matrix for each considered model we should have an estimate of the response variable. Therefore, we estimate the fitted values for each model by locally weighted regression (loess) but  $\beta$  coefficients obtained in this way is a constant value during the study period. Since children growth have not a specific trend in different age groups so estimating constant coefficients for the entire period in some points will have large deviations of actual values. To solve this problem, we tried to obtain time-dependent coefficients. In other words we will consider the time-dependent functions as coefficients of the independent variables in the regression model to achieve this objective, we get coefficients for certain percentage of the data and this procedure repeats until all data will be covered. We smooth different coefficients with respect to time. In fact Smooth curve are time-dependent coefficients.

### 3. Results

At the birth time, the average of arm circumference for boys was 10.7 cm and arm circumference for girls was 10.5 cm. So, at the birth time arm circumference in boys were 0.2 cm larger than girls. On the first visit about 2 month of age, the average arm circumference for boys was 12.7 and arm circumference for girls was 11.8 cm. In other words, within 2 month of age, arm circumference in boys was 0.9 cm larger than girls. Since speed growth rate of arm circumference in boys were different at distinct visits therefore, by analyzing data which were related to a visit, generalization those outputs to the whole period were impossible. It was similar for girls. These results are clear from Tables 1 and 2.

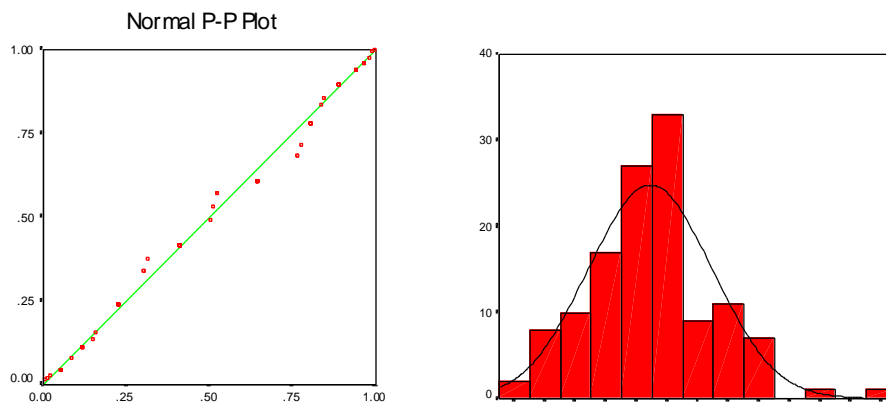
**Table1.** Mean and standard deviation of arm circumference for boys

Time of visit	N	mean	S.D
Birth time	139	10.7	1
2 months	130	12.1	1.1
4 months	128	14.1	1.2
6 months	127	14.4	1.2

**Table 2.** Mean and standard deviation of arm circumference for girls

Time of visit	N	mean	S.D
Birth time	148	10.5	0.8
2 months	141	11.8	1.1
4 months	129	13.5	1.1
6 months	117	13.7	1.2

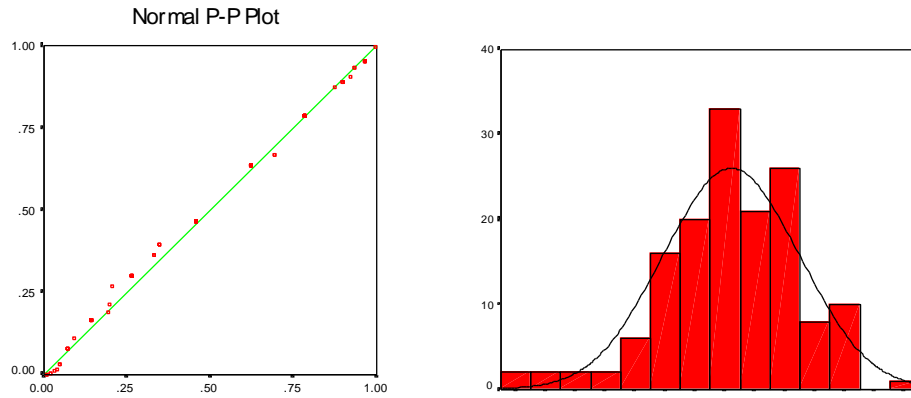
We investigated the normality of arm circumference in infants in different visits, since, in the case of normality per visit at least parametric model can be used at that occasion, therefore, we perform this investigation in all visits.



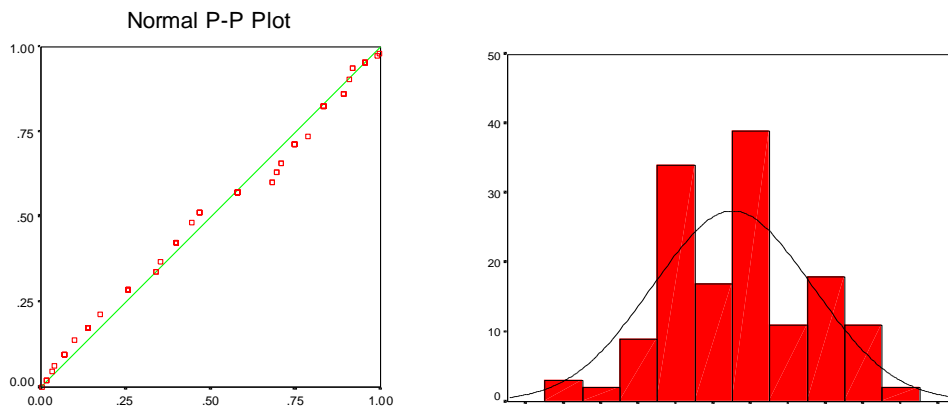
**Figure 1.** normality graphs for arm circumference of boys at the birth time

[ DOI: 10.18869/acadpub.jhs.1.3.58 ]

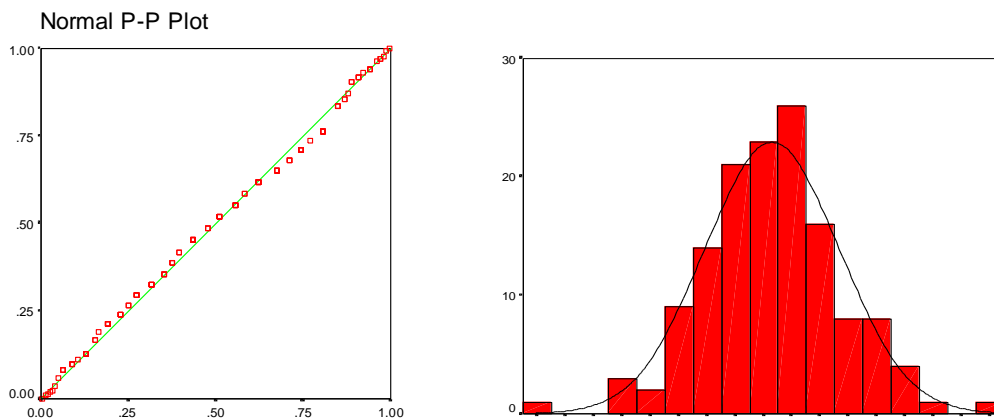
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**Figure 2.** Normality graphs for arm circumference of boys at the second month of age

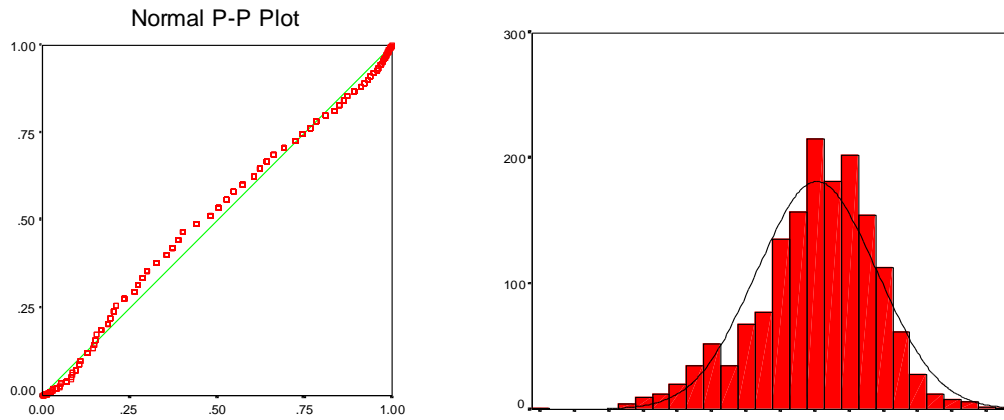


**Figure 3.** Normality graphs for arm circumference of boys at the 4th month of age



**Figure 4.** Normality graphs for arm circumference of boys at the 6th month of age

With respect to deviations from the normal distribution we can say that arm circumference in boys is not normal. About newborn girls we achieved to same results. Regardless of different visits and age of newborn at the visit time, all data were burst in a column and called newborn arm circumference. Our objective is that these data are normal or not. In other words, regardless of the time factor all the data are considered in a moment.



**Figure 5.** Normality graphs for arm circumference of boys in all visits

With regarding to deviations and skewness which have shown by Figure 5, we can conclude that the arm circumferences in boys are not normally distributed. Therefore using the parametric method is impossible. Therefore, these data can be used to evaluate nonparametric regression model that described in the previous section. But here, we will suffice to nonparametric regression model for the boys arm circumference, versus mother’s weight, mother’s arm circumference, maternal age at delivery time and maternal age at menarche.

We assume that:

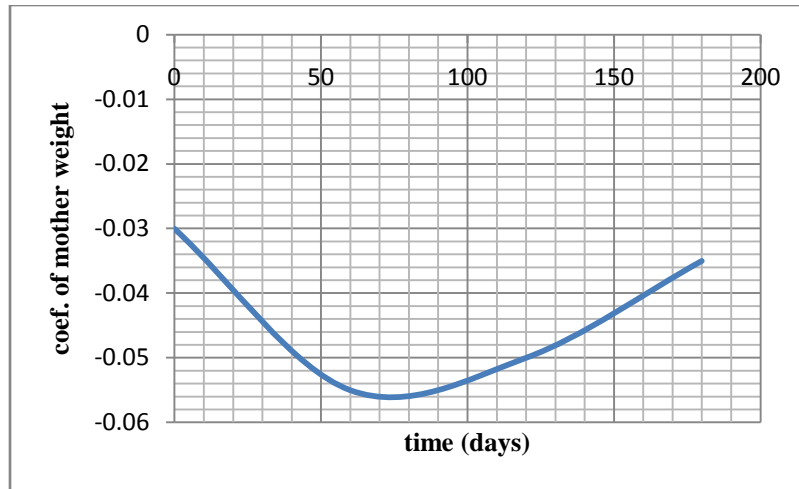
$$armc = \beta_1(t) (Mweight) + \beta_2(t) (Marmc) + \beta_3(t) (Mad) + \beta_4(t) (Mam)$$

Mother’s weight (Mweight), mother’s arm circumference (Marmc) , maternal age at delivery time (Mad) and maternal age at menarche (Mam) are four independent variables and the arm circumference of infant boy is dependent variable.

We smoothed  $\beta_4, \beta_3, \beta_2, \beta_1$  based on the time with third-degree spline smoothing method with a width of 0.67(13).

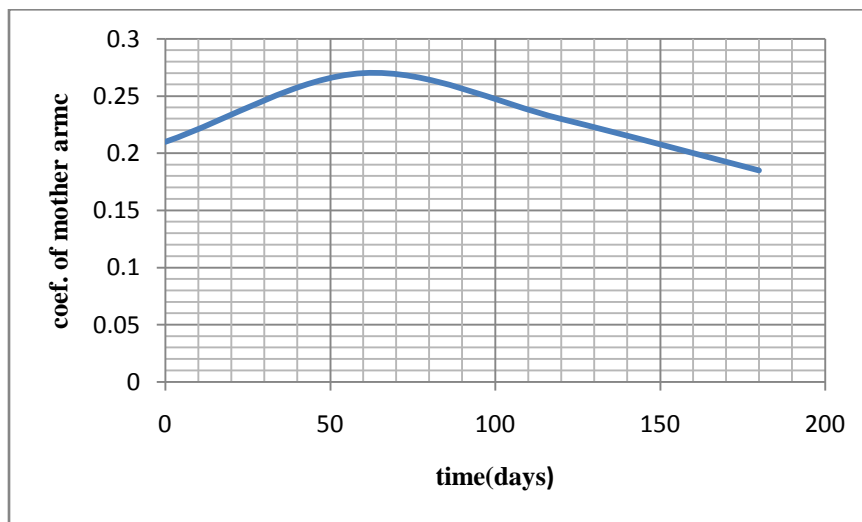
Figure 6 shows variant coefficients based on the time for mother’s weight in the above model. This figure illustrates mother’s weight effects on boy’s arm circumference when mother’s arm circumference, maternal age at delivery and maternal age at menarche are as independent variables in the model.

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**Figure 6.** Effect of mother’s weight on boy’s arm circumference when model has four independent variables (Mweight, Marmc, Mad, Mam)

Figure 6 indicates variant coefficients based on the time for mother’s arm circumference in the model. This figure illustrates mother’s arm circumference effects on boy’s arm circumference when mother’s weight, maternal age at delivery and maternal age at menarche are as independent variables in the model.



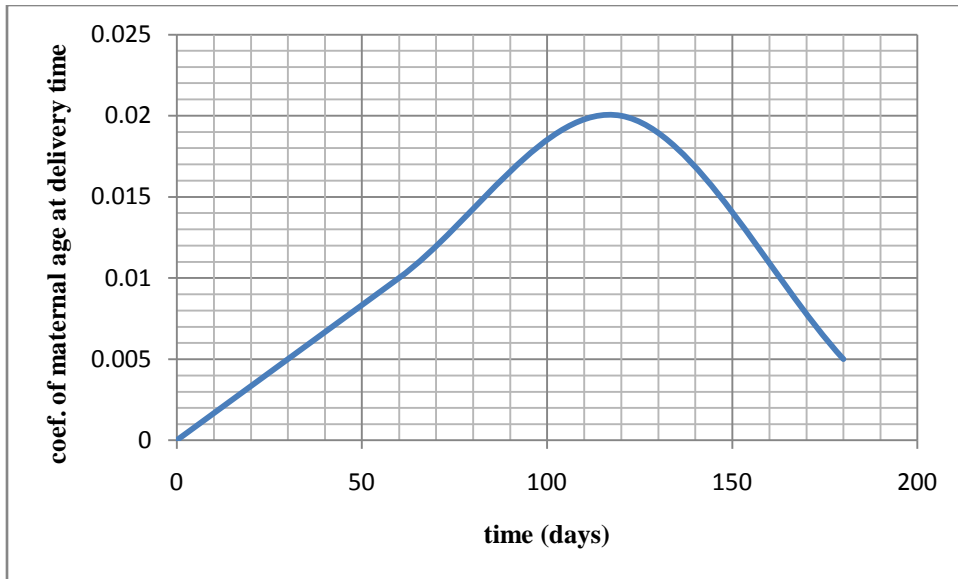
**Figure 7.** Effect of mother’s arm circumference on boy’s arm circumference when model has four independent variables (Mweight, Marmc, Mad, Mam)

Figure 7 indicates variant coefficients based in time for maternal age at delivery time in the model. This diagram illustrate the effects of mother’s age at delivery time on boy’s arm circumference when mother’s weight, mother’s arm circumference, maternal age at menarche are as independent variables in the model

[ DOI: 10.18869/acadpub.jhs.1.3.58 ]

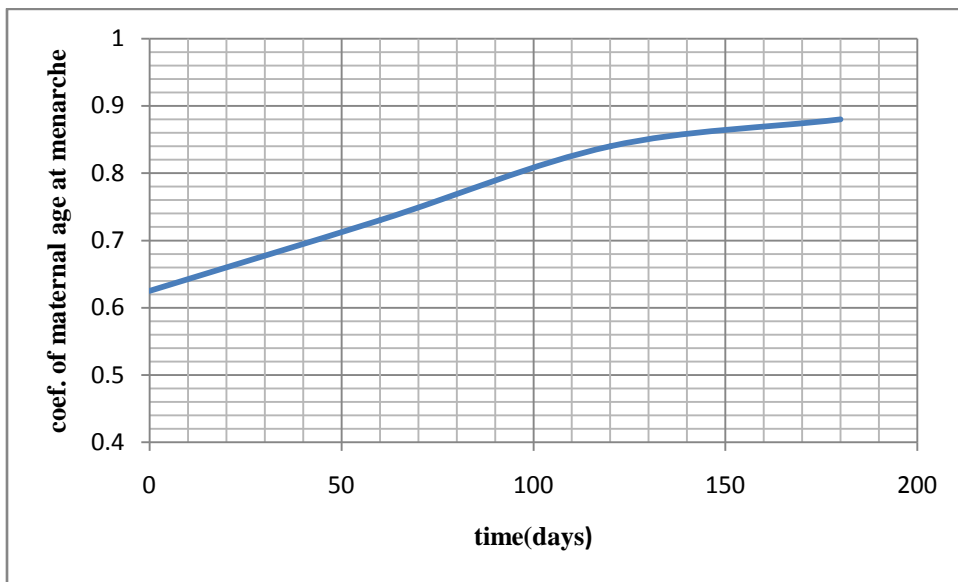
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**Figure 8.** Effect of maternal age at delivery time on boy’s arm circumference when model has four independent variables (Mweight, Marmc, Mad, Mam)

Figure 9 indicate variant coefficients based on time for maternal age at menarche in the model. This figure illustrate the effects of maternal age at menarche on boys arm circumference when mother’s weight, mother’s arm circumference and mother’s age at the time of delivery are as independent variables in the model.



**Figure 9.** Effect of maternal age at menarche on boy’s arm circumference when model has four independent variables (Mweight, Marmc, Mad, Mam)

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### 4. Discussion

To evaluate the presented method in this section, we compared our method with linear regression (parametric) and generalized weighted regression (parametric). Linear regression (LR), generalized weighted regression (LO) and nonparametric regression (NR) were fitted to under study data when boy’s arm circumference was response variable and mother's weight, mother’s arm circumference, maternal age at delivery time and maternal age at menarche considered as independent variables. Descriptive information of fitted values on boy’s arm circumference in above models and actual values of them obtained as follows.

**Table 3.** Descriptive indices obtained from 3 different models and actual values of boy’s arm circumference

	$y$	$\hat{y}_{NR}^*$	$\hat{y}_{LO}^{**}$	$\hat{y}_{LR}^{***}$
Birth time	10.7	10.67	10.83	10.51
2 months	12.1	12.54	12.44	12.02
4 months	14.1	14.35	13.96	14.21
6 months	14.4	14.69	14.74	14.45
Mean	12.76	12.85	13.03	12.77
Median	12.81	12.92	13.11	12.75
Standard. Deviation	1.7391	1.6034	0.4556	.01328
Standard Error	0.0445	0.041	0.0117	0.0034
Skewness	.05604	0.5302	0.6031	0.0469
Kurtosis	0.6794	0.1853	1.8364	-0.0159

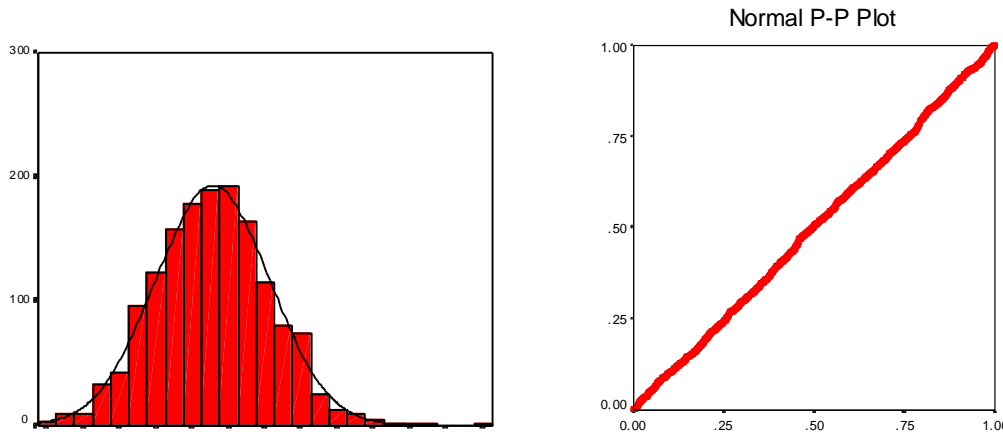
\*The fitted values of boy’s arm circumference by proposed nonparametric regression model  
 \*\*The fitted values of boy’s arm circumference by locally weighted regression model  
 \*\*\*The fitted Values of boy’s arm circumference by linear regression model  
 y real values of boy infants arm circumference

Comparing indices of central tendency and measure of dispersion of fitted value in the three models and real values of the samples study which were located at Table3 clearly show that all indices represent the distribution of the fitted values from the model (NR) is closer than the Other fitted values. Since the model is desirable that fitted values are closer to the real values so we can be claim that the proposed model (NR) in this study for such data is better than linear regression and locally weighted regression. For further investigation, sum of squared residuals of each model could be used. The results were as follows:

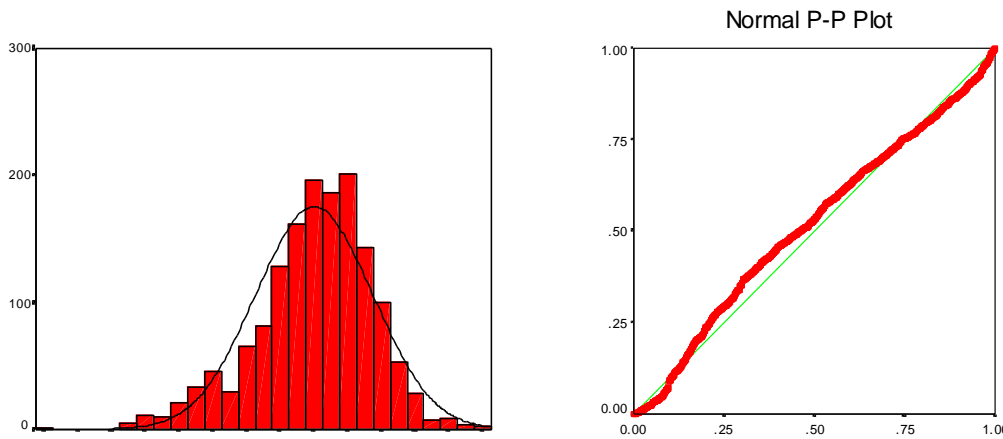
SSRes (NR) =3779.37  
 SSRes (LO) = 4510.14  
 SSRes (LR) =4585.79

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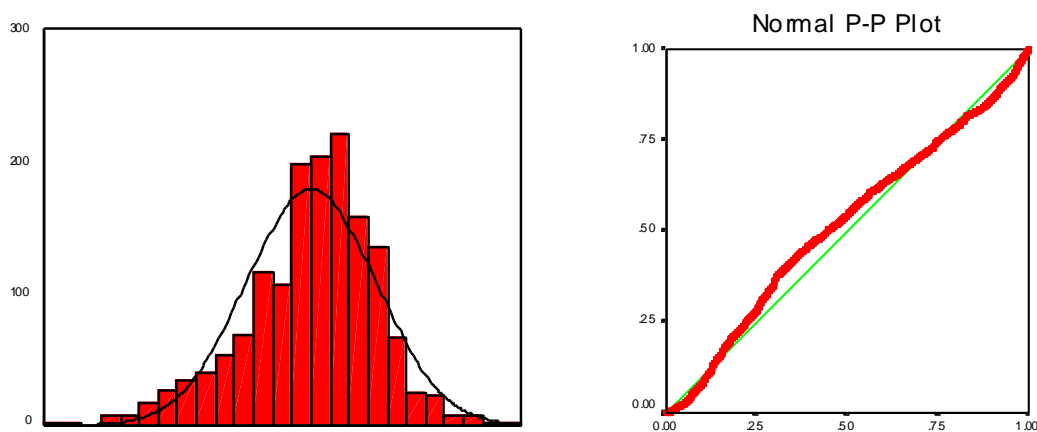
Thus proposed nonparametric regression (NR) not only has similar distributions with real data distribution of boy’s arm circumference, but also it has lowest sum of squared residuals in comparison with linear regression and locally weighted regression. This means that the fitted values represented by proposed nonparametric regression model compared to other models is closer to the true values. In order to evaluate the appropriateness of models, normality tests for residuals of models were used. Graphical approach was used for this objective, so histograms and pplot for the residuals of models drawn.



**Figure 10.** Normality graphs for residuals of proposed nonparametric regression model (NR)



**Figure 11.** Normality graphs for residuals of linear regression model (LR)



**Figure 12.** Normality graphs for residuals of locally weighted regression (LO)

With comparing Figure 10,11 and 12, it will be obvious that only residuals of nonparametric regression (NR) is normally distributed and residuals obtained from locally weighted regression and linear regression models showed a significant deviation from the normal distribution. Since the normality of residuals is a basic condition for the suitability model, these plots are another reason for preferring non-parametric regression models with time-dependent coefficients in comparison to other two models. So the proposed nonparametric regression with varying coefficients could be recommended for longitudinal data.

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